Letters to Parents

Bibliography 4th – 6th year of life
Dear Parents

In the next three years, the Pro Juventute Letters to Parents will accompany you through your day-to-day life as a family. The Pro Juventute Letters to Parents support you in your role as a mother or father, offer insight into what children need, take the guesswork out of parenting, and help you organize your lives together.

In the following bibliography, we have compiled a selection of recommended reading, tailored to topics discussed in the Letters to Parents covering ages four to six. For example, you’ll find entries on preparing for kindergarten, handling electronic media, coping with children’s fears, etc.

We wish you an exciting reading experience!

Warm regards,

Your Pro Juventute Letters to Parents team
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<th><strong>Making sense of the senses</strong></th>
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<td>Rhyner, Roger</td>
<td>Powell, Sarah; Sido, Barbi; Radcliffe, Katherine</td>
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<td>The Stinking Billy-Goat</td>
<td>Making Friends</td>
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<td>Baeschlin, 2011</td>
<td>Priddy Bicknell, 2013</td>
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<td>Gifford, Clive</td>
<td>Hirsch, Lee; Lowen, Cynthia</td>
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<td>Eye Benders</td>
<td>Bully: An Action Plan for Teachers</td>
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<tr>
<td>Ivy Press, 2013</td>
<td>and Parents to Combat the Bullying Crisis</td>
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<td>Cole, Joanna</td>
<td>ISBN 9781602861848</td>
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<td>The Magic School Bus Explores the Senses</td>
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<td>SCHOLASTIC, 2001</td>
<td>Cook, Julia</td>
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<td>Nettleton, Pamela</td>
<td>Boys Town Press, 2012</td>
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<tr>
<td>Picture Window Books, 2004</td>
<td>Laminack, Lester L.; Wadsworth, Reba</td>
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<tr>
<td>ISBN 978-1-404-80508-8</td>
<td>Bullying Hurts: Teaching Kindness Through Read Alouds and Guided Conversations</td>
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<td></td>
<td>Heinemann, 2012</td>
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<td>Author</td>
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<tr>
<td>Mosley, Jenny; Sonnet, Helen</td>
<td>101 Activities to Help Children Get on Together</td>
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<td>Thornby, Judith</td>
<td>Boost Creative Writing-Planning Sheets to Support Pupils</td>
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<td>Worms, Penny</td>
<td>Alice in Wonderland Creativity Book</td>
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<td>Van’t Hul, Jean</td>
<td>The Artful Parent: Simple Ways to Fill Your Family’s Life with Art &amp; Creativity</td>
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## Children’s bodies and emotions

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<tr>
<td>Wilson, Victoria</td>
<td><strong>Boost Your Child's Creativity</strong></td>
<td>Hodder &amp; Stoughton</td>
<td>2011</td>
<td>978-1-444-10735-7</td>
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<td>Bruehl, Mariah</td>
<td><strong>Playful Learning: Develop your Child’s Sense of Joy and Wonder</strong></td>
<td>Trumpeter</td>
<td>2011</td>
<td>978-1-590-30819-6</td>
</tr>
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<td>Pro Familia</td>
<td><strong>My Body Belongs to Me from My Head to My Toes</strong></td>
<td>Skyhorse Publishing</td>
<td>2014</td>
<td>978-1-626-36345-8</td>
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<td>Danielsdottir, Sigrun</td>
<td><strong>Your Body is Brilliant: Body Respect for Children</strong></td>
<td>Singing Dragon</td>
<td>2014</td>
<td>978-1-848-19221-8</td>
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<td>Parr, Todd</td>
<td><strong>The Feelings Book</strong></td>
<td>Little Brown</td>
<td>2009</td>
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Kindergarten

Pinnell, Gay Su; Fountas, Irene C.
*Literacy Beginnings: A Prekindergarten Handbook*
Heinemann, 2011

Ray Katie Wood; Glover Matt
*Already Ready: Nurturing Writers in Preschool and Kindergarten*
Heinemann, 2008
ISBN 978-0-325-01073-1

Gregory, Gayle H.; Chapman, Carolyn
*Activities for the Differentiated Classroom: Kindergarten*
Corwin Press Inc., 2007

Children’s play, children’s toys

Rooyackers, Paul
*101 Circus Games for Children*
Hunter House, 2010
ISBN 978-0-897-93516-6

Jasheway, Leigh Anne
*101 Comedy Games for Children and Grown-Ups*
Hunter House, 2014

Cohen, Whitney; Arenson, Roberta
*Kids' Garden: 40 Fun Indoor and Outdoor Activities and Games*
Barefoot Books, 2010
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<th>Media</th>
<th>Children’s fears, children’s questions</th>
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| Whitby, Pamela  
*Is Your Child Safe Online?*  
Crimson Publishing, 2011  
ISBN 978-1-905-41094-1 | Lite, Lori  
*Stress Free Kids:*  
Adams Media, 2014  
| Rowan, Cris A  
*Virtual Child: The terrifying truth about what technology is doing to children*  
CreateSpace, 2010  
ISBN 978-1-453-71952-7 | De Meza, Lesley  
*A-Z of Growing Up, Puberty and Sex*  
Franklin Watts, 2013  
| Steiner-Adair, Catherine; Barker, Teresa H.  
*The Big Disconnect*  
Harper Collins USA, 2014  
ISBN 978-0-062-08243-5 | Mayle, Peter  
*Where Did I Come From?*  
Citadel Press, 2000  
| Walsh, David  
*Why Do They Act That Way?*  
Atria, 2014  
ISBN 978-1-476-75557-1 |
Obstacles big and small

Davies, Beverley
How to Help Your Child with ADHD: Practical ways to make family life run more smoothly
White Ladder Press, 2012
ISBN 978-1-905-41098-9

Strong Jeff; Flanagan Michael O.
AD/HD for Dummies
Hungry Minds, 2004

Melillo, Robert
Disconnected Kids: The Groundbreaking Brain Balance Program for Children with Autism, ADHD, Dyslexia and Other Neurological Disorders

Sicile-Kira, Chantal
Perigee Books, 2014
ISBN 978-0-399-16663-1

Baniel, Anat
Kids Beyond Limits: The Anat Baniel Method for Awakening the Brain and Transforming the Life of Your Child with Special Needs

Marshall, Abigail
When Your Child Has... Dyslexia: Get the Right Diagnosis, Understand Treatment Options, and Help Your Child Learn

Muter, Valerie; Likierman, Helen
Dyslexia: A parents' guide to dyslexia, dyspraxia and other learning difficulties

Saperstein, Jesse A.
Getting a Life with Asperger's: Lessons Learned on the Bumpy Road to Adulthood
**Day-to-day family life**

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<td>Horowitz, Lynn; Rost, Cecile</td>
<td>Helping Hyperactive Kids – A Sensory Integration Approach</td>
<td>Hunter House, 2007</td>
<td>ISBN 9780897934817</td>
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<td>Miller, Rachel; Homer, Holly</td>
<td>101 Kids Activities That are the Bestest, Funnest Ever!</td>
<td>Melia Publishing Services, 2014</td>
<td>ISBN 978-1-624-14057-0</td>
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### Conflict and reconciliation

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<td>Young, Johnnie</td>
<td><em>100 Completely New Ideas for Managing Behaviour</em></td>
<td>Bloomsbury Academic, 2011</td>
<td>2011</td>
<td>978-1-441-16908-2</td>
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Starting school: a new adventure

Rey Margret; Grossnickle Hines Anna
**Curious George's First Day at School**
Houghton Mifflin, 2005
ISBN 978-0-618-60564-4

Weston, Carrie; Warnes, Tim
**Boris Starts School**
Oxford University Press, 2012

Rozelaar, Angie
**Hello School**
Pan Macmillan, 2014

Ford, Gina
**The Contented Baby Goes to School**
Vermillion, 2014

Parker, Michael
**Talk With Your Kids: 109 Conversations about Ethics and Things That Really Matter**
Black Dog & Leventhal, 2013
ISBN 978-1-579-12948-4

Rosemond, John
**John Rosemond's Fail-Safe Formula for Helping Your Child Succeed in School**
Andrews & Mcmeel, 2014
ISBN 978-1-449-42230-1
Pro Juventute’s Letters to Parents — your expert companion from birth to the beginning of school

These practical guides for parents contain tips and suggestions that are specifically tailored to the age and developmental stage of the child. With information composed by a team of experts, these letters center on topics like care and hygiene, nutrition, development, child rearing, as well as the role of the mother and father, relationship issues, and family-supplementing childcare. Pro Juventute’s Letters to Parents cover the first six years of your child’s life. In many communities and institutions, these letters are presented to new parents free of charge. They can also be ordered directly from Pro Juventute.

Pro Juventute’s Letters to Parents are produced by Pro Juventute with technical input from the following specialists:

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Imprint
Publisher: Pro Juventute, Abteilung Elternbriefe
Supervisor: Stéphanie Kebeiks
Coordination: Valeria Schmassmann
Text-editing: Lesly Luff
Picture-editing: Lesly Luff
Translation: srlanguageservices.com
Editing: srlanguageservices.com
Photo: Marie Charvet
Cartoons: Claudia de Weck
Graphics: Valentin Stucki
Printing: Häfliger Druck AG, Wettingen
© Pro Juventute, Zürich, 2015, PUBL-7001

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